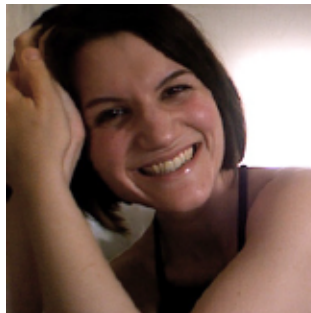


acupuncture community clinic

with kari napoli

first saturday of every month
beginning in february - 2:30 to 4:00
suggested donation \$20-\$40
cash or personal check only

Your health is a priority. Various studies have shown that people heal better when they have support and community. Our Community Clinic is an affordable way to experience acupuncture in a community environment where your healing process can be amplified by the tremendous power of the group. Acupuncture is part of a whole medicine known as Traditional Chinese Medicine. TCM was designed to address your vascular system, nervous system, muscular system, etc. Acupuncture alone shines in the treatment of neuromuscular disorders as well as stress, anxiety and depression. Invest some time in your health and your health will invest in YOU!



Kari began studying yoga in 1999 at the University of Iowa. She received her teaching certification from Planet Yoga under the supervision of Leeann Carey. She also attended the YogaWorks teacher

training program where she studied with Lisa Walford. Kari is a devoted Iyengar practitioner who enjoys teaching the important principles of alignment and postural integrity to help her students explore possibilities and to problem solve when necessary. Kari is also a licensed massage therapist and a licensed acupuncturist currently practicing in Culver City and in various locations in the South Bay.



1310 pacific coast highway hermosa beach ca 90254
tel 310 374 5933 LYFEyogacenter.com