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Namaste:

Since the inception of Cartesian philosophy, “I think, therefore I am,” our mind was split from the body.

This western philosophy of mind over body became a way of life for various social, financial, and political organizations regardless of the moral implications. As we recently witnessed, the leaders of these groups obsessively pursued a way of life that exploited the members who actually supported them.

Yoga and other eastern philosophies are challenging the Cartesian model and ushering in a new way of thinking. For hidden below the physical and mental acuity of each philosophy, lies an ethical foundation that lives up to its stated Ideal.

As both a member of the yoga community and these organizations, we can become the solution to remove abuse and greed. For we have the ethical foundation to rethink their mission and lead these organizations to achieve a higher, ethical return.

Peace,
Michael Ruccolo
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