

# energy is everything

with valinda

february 27th from 2:30 to 4:30pm

fee: \$40 • rsvp 310 374 5933



Valinda will teach you valuable tools to ground yourself, clear your energy, release negative situations in your life, channel your energy to live your dreams, and raise your

consciousness as a Human Being. You will learn to cleanse energy in your workplace, home, yourself and possibly even others! These are essential tools for being a healer, massage therapist, or yoga teacher and can be used anywhere, anytime.

Valinda has been healing herself and working in the healing field for 15 years and brings valuable information from her training at UCLA as a Dance/Movement Therapist, at ClearSight Clairvoyant School, as a Kundalini Yoga Teacher for 7 years and as a Reiki Master.

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1310 pacific coast highway hermosa beach ca 90254  
tel 310 374 5933 LYFEyogacenter.com