

more than OM

moving into the heart & spirit
of singing through yoga

friday, february 26, 7:30 - 9:30pm

\$35 pre-registration

\$40 at the door

This fun and unique class will focus on how the voice is freed through the practice of Yoga. We will attempt through singing, to combine specific body postures with the breath to achieve this end. The class is designed for all levels and no prior singing experience is required.



rhona klinghofer

A versatile musician who has performed as a soloist, Ms. Klinghofer was invited by the late legendary Mezzo-Soprano Jennie Tourel, at age of seventeen to study at The Juilliard School. She received both her Bachelor's and Master's degrees as a scholarship student. She has sung throughout the country with such prestigious groups as The Philharmonia Virtuosi of New York, The Juilliard Orchestra, Michigan Opeera Theater and The N.Y. Shakespeare Festival with actor Keith Carradine. When not singing she is on the voice faculty at El Camino College and teaches privately in her studio. She has studied and taught movement for singers with Milton Feyer, Metropolitan Opera, N.Y.C. where she taught for ten years. She has studied Yoga for more than twenty five years. Her teachers include Erich Schiffmann, Kofi Buscia, Saul David Raye, Leann Carey and Michael Ruccolo, owner of LYFE Yoga Center.

